Books for Adults

- **Being Mortal: Medicine and What Matters in the End** - Atul Gawande
- **Demystifying Hospice: Inside the Stories of Patients and Caregivers** - Karen J. Clayton
- **Palliative Care: The 400-Year Quest for a Good Death** - Harold Y. Vanderpool
- **Changing the Way We Die: Compassionate End-of-Life Care & the Hospice Movement** - Fran Smith
- **When My Time Comes: Conversations About Whether Those Who are Dying Should Have the Right to Determine When Life Should End** - Diane Rehm (Large Print)
- **On Living** - Kerry Egan
- **On Grief & Grieving: Finding the Meaning of Grief Through the Five Stages of Loss** - Elisabeth Kübler-Ross & David Kessler; foreword by Maria Shriver
- **The Art of Dying Well: A Practical Guide to a Good End of Life** - Katy Butler
- **At Peace: Choosing a Good Death After a Long Life** - Samuel Harrington, MD.
- **Waiting For the Last Bus: Reflections on Life and Death** - Richard Holloway
- **Your End of Life Matters: How to Talk with Family and Friends** - Anne Finkelman Ziff
- **In the Slender Margin: The Intimate Strangeness of Death & Dying** - Eve Joseph
- **Finish Strong: Putting Your Priorities First at Life’s End** - Barbara Coombs Lee
- **Present Through the End: A Caring Companion’s Guide for Accompanying the Dying** - Kirsten DeLeo
- **Grieving is Loving: Compassionate Words for Bearing the Unbearable** - Joanne Cacciatore
- **Reimagining Death: Stories and Practical Wisdom for Home Funerals and Green Burials** - Lucinda Herring
- **Modern Death: How Medicine Changed the End of Life** - Haider Warraich, M.D.

**Note:** Many of the above titles are also available in Large Print format.
**Audio and Video:**
The Five Invitations: Discovering What Death Can Teach us About Living Fully – Frank Ostaseski. - CD audiobook; also available from OverDrive.
Consider the Conversation: A Documentary on a Taboo Subject (DVD) Kanopy (streaming video platform for Chelmsford residents), e.g., Death Makes Life Possible

**Electronic eBooks:**
OverDrive, e.g., Modern Death: How Medicine Changed The End of Life - Haider Warraich, M.D.

**Electronics:**
GPad5 - LG Tablet and Hotspot - Contact Vickie Turcotte to check out a senior tablet, 978-256-5521 x1106 or vturcotte@chelmsfordlibrary.org

Many of the items on this handout will be available on our traveling Pop-Up Library truck!