

Arbour Counseling Services  
10 Bridge Street, Lowell  
978-453-5736

Bay State Counseling & Anger Mgt.  
6 Courthouse Lane, Unit 9, Chelmsford  
978-606-3955

Billerica Counseling Center, LLP  
978-733-0980

Bridgewell  
35 Market Street, Lowell  
978-459-0389

Catholic Charities\*  
70 Lawrence Street, Lowell  
978-452-1421  
\*For appointment for Intake: 978-774-6820

Chelmsford Family Counseling  
73 Princeton Street, N. Chelmsford  
978-251-7806

Family Associates of Merrimack Valley  
201 Chelmsford Street, Chelmsford  
978-256-1467

Greater Lowell Psychiatric Associates  
73 Princeton ST, Suite 203, N. Chelmsford  
978-256-6579

Harvard Vanguard – Chelmsford\*  
228 Billerica Road, Chelmsford  
978-250-6240  
\*Must have PCP at HVMA to receive counseling

Lowell Community Health Center  
161 Jackson ST, Lowell  
978-937-9448

Mary Warren, ARNP\*  
5 Pine Street, Unit 6, Nashua  
603-886-4800  
\*Medications only

Meeting House Psychological Associates  
1 Meetinghouse Road, Chelmsford  
978-256-1288

Mental Health Associates  
99 Church Street, Lowell  
978-458-6282

Merrimack Valley Trauma Services  
267 Boston Rd, North Billerica, MA 01862  
978-362-1695  
\*Private insurance, MBHP, Network Health

MSPCC  
126 Phoenix Avenue, Lowell MA  
978-937-3087

New England Center for Mental Health  
119 Russell Street, Suite 30, Littleton  
978-679-1200

Pathways Counseling Associates  
134 Middle Street, Unit 304, Lowell  
978-937-2696

Psychological Care Associates  
12 Alfred Street, Woburn  
781-646-0500

Robert Brownson, Rehabilitation  
564 Dutton Street, 2nd floor, Lowell  
978-827-0923

Bridgewell – Chelmsford  
7 Summer St. Building 19, Chelmsford  
978-441-1778

South Bay Mental Health Center  
77 E. Merrimack Street, Lowell  
978-453-6800

Think Counseling Services  
45 Merrimack Street, Suite 512, Lowell  
(978) 201-3377  
\*pvt. only, no Mass Health\*

Wilmington Family Counseling  
5 Middlesex Ave, Suite 11, Wilmington  
978-226-8928

The Moss Group Inc.  
363 Great Rd. Suite 210 Bedford, MA  
(978) 835-5000

Heather Westbrook, LMHC  
97 Central Street, Suite 201 Lowell, MA  
401-864-2946  
www.heatherwestbrook.com  
\*pvt. only, no Mass Health\*

Donald F. Smith, MSCP, LMHC  
9 Central Street, Suite 201, Lowell  
(978) 767-2402  
www.donaldsmith.com  
\*pvt. only, no Mass Health\*

Beth Shapiro, LMHC  
149 Pleasant St. Suite 200  
Dracut, MA 01826  
(978) 222-9004 x1

Empath Counseling and Wellness Center  
1 Old North Road Suite 104  
Chelmsford, MA 01824  
(978) 770 - 2429